



2012 Retreats

The Friars - Aylesford
A Carmelite Community in the heart of Kent

Retreats are led by experts in the relevant fields including Carmelite friars and members of The Friars' Pastoral Team.

**SATURDAY SERIES
FINDING GOD IN DAILY LIFE**

Begins 14 January

Donation

Join us in the Gatehouse for spirited discussion from 10.00 am to 12 noon.

Saturday 14 January	Finding God in Friendship	Paul de Groot
Saturday 21 January	Finding God in Retirement	Sheila Grimwood
Saturday 28 January	Finding God in Family	Bernard Hoose
Saturday 4 February	Finding God in Work	Maggie Cascioli
Saturday 11 February	Finding God in Leisure	Jayne Hoose
Saturday 18 February	Finding God in Prayer	Elizabeth Obbard

JANUARY - FEBRUARY

QUIET DAY IN THE GATEHOUSE

Day

25 February

Donation

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

Maura Lockyer & Elena White

To apply, please ring Maura Lockyer: Tel: 01622 791256

FEBRUARY

**LENTEN TALKS
WHY FOLLOW A CRUCIFIED CHRIST?**

Morning

3 March

Donation

From death to life.

Bernard Hoose

**LENTEN TALKS
WHY FOLLOW A CRUCIFIED CHRIST?**

Morning

10 March

Donation

Journey to Jerusalem.

Maggie Cascioli and Sheila Grimwood

MARCH

**LENTEN TALKS
WHY FOLLOW A CRUCIFIED CHRIST?**

Morning

17 March

Donation

Compassion in Julian of Norwich.

Elizabeth Obbard

PARISH MINISTRY TO THE BEREAVED

Weekend

23-25 March*Cost: £160*

Through guided experiential sessions, participants will be taken through a process that will give them a solid background for their ministry. *Agreement of your Parish Priest is required.*

*Elizabeth Partridge & Janet Berrie**To apply, please contact Elizabeth Partridge: Tel.01303 870248***LENTE TALKS
WHY FOLLOW A CRUCIFIED CHRIST?**

Morning

24 March*Donation*

The Passion in Mark's Gospel

*Joseph Chalmers***LENTE TALKS
WHY FOLLOW A CRUCIFIED CHRIST?**

Morning

31 March*Donation*

Is there life after failure?

*Bernard Hoose***EASTER TRIDUUM RETREAT**

Triduum

5-8 April*Cost: £225 Single; £219 Shared per person; £216 Senior Citizen*

A time for prayerful reflection which will enhance our celebration of the Paschal Triduum at The Friars.

*Sheila Grimwood & Paul de Groot***"IF THEY KILL ME, I WILL RISE
AGAIN..."**

Day

21 April*Suggested donation: £15.00*

What has the Gospel witness of Archbishop Romero to teach us today?

*Tony Lester***JESUS' WAY TO PEACE**

Weekend

27-29 April*Cost: £154 Single; £146 Shared per person; £144 Senior Citizen*

Non-violent love of friends and enemies. A silent retreat exploring the truth of Jesus in depth.

*Rev. Emmanuel Charles McCarthy**To apply, please contact Chidi:**Tel. 01582 862578 or 07939 219867; email: onyischidi@yahoo.com*

MARCH

APRIL

QUIET DAY IN THE GATEHOUSE	Day	28 April	APRIL
<p><i>Donation</i></p> <p>An experience of silent prayer and space in a safe environment, embracing <i>Lectio Divina</i>, spiritual reading & silent attentiveness.</p> <p style="text-align: right;"><i>Maura Lockyer & Elena White</i></p> <p style="text-align: right;"><i>To apply, please ring Maura Lockyer: Tel: 01622 791256</i></p>			
MARY OUR SISTER	Day	5 May	MAY
<p><i>Suggested donation: £15.00</i></p> <p>A chance to reflect on Mary's humanity leading us to the divinity of Jesus.</p> <p style="text-align: right;"><i>Kevin Alban</i></p>			
ART AND HISTORY OF AYLESFORD	Day	6 May	
<p><i>Suggested donation: £15.00</i></p> <p>Come to the 10.15 am Mass and follow it with coffee in the Gatehouse. There will be a talk on this topic followed by picnic lunch (bring your own), a chance to chat and then discuss and ask questions. Everything will finish by 3.00 pm.</p> <p style="text-align: right;"><i>Kevin Alban</i></p>			
BEGINNING PRAYER	Day	19 May	
<p><i>Suggested donation: £15.00</i></p> <p>A gentle day exploring a variety of ways of praying.</p> <p style="text-align: right;"><i>Sheila Grimwood & Paul de Groot</i></p>			
VIGIL OF PENTECOST	Day	26 May	
<p><i>Suggested donation: £15.00</i></p> <p>How the Holy Spirit transforms our lives enabling us to live the prophetic element of our baptism.</p> <p style="text-align: right;"><i>Wilfrid McGreal</i></p>			
DISCOVERING THE FORM OF OUR SPIRITUAL LIFE	Day	2 June	JUNE
<p><i>Suggested donation: £15.00</i></p> <p>Edith Stein speaks of giving our inner life a 'form' so that we have a focus for our spiritual journey and a sense of discipline and direction. How can we discover our own personal 'form' and so be enriched and supported in our spiritual growth?</p> <p style="text-align: right;"><i>Elizabeth Obbard</i></p>			

HUMAN RIGHTS & CHRISTIANITY

Day

9 June*Suggested donation: £15.00*

How does the notion of human rights fit into Gospel teaching? What are the limits of human rights? How is the notion used in our modern world? In this day of recollection we shall explore how the concept of human rights can be deepened and enriched through Christian insights.

*Bernard Hoose***PILGRIMAGE WALK
(CHARTHAM—CANTERBURY)**

Day

30 June

Since medieval times Aylesford has been a stopping place for pilgrims on the way to Canterbury. This will be a walking pilgrimage following the Pilgrims Way from Chartham to Canterbury, arriving in time for Evensong at Canterbury Cathedral. Meet at Aylesford 10.00 am to travel by train or car to Chartham station for the start of the walk. Bring a packed lunch with you.

*Elizabeth Obbard***A BEAUTIFUL BOUNTIFUL GOD**

Day

7 July*Suggested donation: £15.00*

How gardens can open you to the miracle of God's generosity.

*Jayne Hoose & Paul de Groot***QUIET DAY IN THE GATEHOUSE**

Day

28 July*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White**To apply, please ring Maura Lockyer: Tel: 01622 791256***PRAYER WITH THE BODY**

Day

11 August*Suggested donation: £15.00*

We relate to God as whole persons. During this day we will focus on our body as indicating ways into prayer.

*Felicity Young***SUMMER STILLNESS RETREAT**

Mon-Fri

20-24 August*Cost: £300*

A time to be with God in stillness. This is a personally guided retreat and involves a daily meeting with one of the directors. There are no group talks. Begins with supper on the first day and ends with lunch on the last day.

Felicity Young, Elizabeth Obbard, Trish Murphy & Joseph Chalmers

JUNE

JULY

AUGUST

FINDING CHRIST IN ALL THE SCRIPTURES

Day

1 September

Suggested donation: £15.00

St Jerome (one of the first translators of the Bible from the original 'sacred' languages—Hebrew, Aramaic, Greek—into the vernacular Latin of the Western Roman Empire) wrote that "Ignorance of Scripture is ignorance of Christ". What has the Church done the ages made of that sweeping statement? Just how do we find Christ in all the Scriptures? What is the point of the First Reading and the Responsorial Psalm in the Liturgy of the Word at Mass?

David Fox

"WHERE TWO OR THREE ARE GATHERED..."

Weekend

7-9 September

Cost: £154 Single; £146 Shared per person; £144 Senior Citizen

An experiential weekend of group working, examining why our understanding of our place in groups, communities and families is so vital for psychological health and growth and our spiritual well being.

Rev. John Roberts

FOLLOWING CHRIST TODAY

Day

15 September

Suggested donation: £15.00

We will look at the place of asceticism (giving things up) in our relationship with God.

Maggie Cascioli & Joseph Chalmers

HOW CAN WE COMMUNICATE OUR FAITH?

Day

22 September

Suggested donation: £15.00

This day will be an exploration of some different ways to share our belief with others.

Maggie Cascioli & Sheila Grimwood

ST THÉRÈSE OF LISIEUX

Day

29 September

Suggested donation: £15.00

Trusting God in the darkness of faith.

Joseph Chalmers

QUIET DAY IN THE GATEHOUSE

Day

13 October

Donation

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

Maura Lockyer & Elena White

To apply, please ring Maura Lockyer: Tel: 01622 791256

SPIRITUAL AWAKENING

Day

20 October*Suggested donation: £15.00*

During this day we will use the method of centering prayer to help us explore some of the possibilities on the spiritual journey.

*Elizabeth Smith & Joseph Chalmers***FORGIVE US OUR TRESPASSES
AS WE FORGIVE...**

Day

27 October*Suggested donation: £15.00*

A day exploring the Gospel imperative to forgive.

*Damian Cassidy***GRIEF AND LOSS; HOPE IN CHRIST**

Weekend

2-4 November*Cost: £154 Single; £146 Shared per person; £144 Senior Citizen*

A workshop that creates a safe space to help us look at where and who we are since we lost our loved ones. Due to its special nature, places are limited and subject to a chat to determine if this workshop is right for you at this time.

*Elizabeth Partridge & Team***PRAYING WITH TERESA OF AVILA**

Day

3 November*Suggested donation: £15.00*

St Teresa of Avila is known as a great teacher of prayer. This day will look at Teresa's insights, particularly what she has to say about prayer in *The Way of Perfection* and the *Book of her Life*.

*Elizabeth Obbard***THE BIBLE AND ETHICS**

Day

10 November*Suggested donation: £15.00*

The Bible was written in very different times to our own and there are problems with translation and interpretation. Many modern ethical problems are not mentioned in the Bible, yet there is much wisdom about morality in Scripture, especially when seen in relationship to the Tradition of the Church, natural law, reason and human experience.

*Bernard Hoose***PRAYING WITH JOHN OF THE CROSS**

Day

17 November*Suggested donation: £15.00*

Searching for God in prayer guided by St John of the Cross.

Joseph Chalmers

PARISH MINISTRY TO THE BEREAVED

Weekend

23—25 Nov*Cost: £160*

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*Elizabeth Partridge & Team**To apply, please contact Elizabeth Partridge: Tel.01303 870248***PREPARING FOR ADVENT**

Day

1 December*Suggested donation: £15.00*

A day of reflection on waiting for the Lord.

*Elizabeth Obbard***QUIET DAY IN THE GATEHOUSE**

Day

8 December*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White**To apply, please ring Maura Lockyer: Tel: 01622 791256***RETREAT TIMES**

WEEKENDS normally begin with supper at 7.00 pm on Friday and end with lunch at 1.00 pm on Sunday. The **EASTER TRIDUUM** begins 5.30 pm on Thursday and ends with lunch on Sunday. **DAYS** begin at 10.00 am and end 4.00-5.00 pm. On Day Retreats Tea/Coffee will be provided; please bring your own lunch or use the Tea Room. **SATURDAY** talks begin at 10.00 am and finish by 12 noon.

For information and to reserve a place, please contact:

Retreats, The Friars, Aylesford, Kent ME20 7BX

Tel. 01622 717272 email: retreat@thefriars.org.uk

www.thefriars.org.uk